

THE 6TH ANNUAL UNITED CAMBODIAN COMMUNITY STREET FAIR SERVICE AREA 8 LONG BEACH

By M.C. Harris LACDMH Community Worker



The United Cambodian Community Center (UCC) of Long Beach held a street fair on August 10th, 2013, and 300 people from the community attended the event. The fair was sponsored by the office of 4th District Council Member Patrick O'Donnell of Long Beach. Sidary Sam and Saphay Nan, psychiatric social workers from LACDMH's Asian Pacific Islander MHC in Service Area 8 Long Beach, provided multi-language resources. There were opportunities throughout the day to network with a variety of organizations, including 30 exhibit booths with health and mental health information. And there were a variety of free services, including Hepatitis B screenings, massages, liver health education, wellness education and afternoon educational workshops.



Timothy So, a Community Outreach Worker from Gilead, and Dr. Sam Keo were presenters. On behalf of Cal MHSA, Dr. Sam Keo presented an informative workshop in both the English and Khmer languages on depression and mental health stigma. Mariko

Okomoto, a member of the LACDMH Asian Client Coalition and I shared LACDMH general brochures, the Metta World Peace Hope, Wellness, and Recovery posters, and Self-Help Recovery meeting directories.



The Long Beach Police Department Association and Fresh and Easy grocery store provided food and water to all participants. The attendees that arrived early received a free bag of groceries. Special thanks to Sacramento CalMHSA supporters and staff of SOLSKEN, Cindy Cha, Anna Vue and Sally for their support of this event.